



DEVELOPMENTAL MILESTONES RED FLAGS CHECKLIST

for parents

This checklist serves as a practical tool for parents like you to track your child's progress. By regularly monitoring your child's milestones and noting any concerns or delays, you can play a proactive role in supporting their development and addressing potential issues early on.



How to Effectively Use the Checklist

Instructions for Using the Checklist:

- Print:** You may want to print multiple copies to track your child's progress over time.
- Complete the Checklist:** Take the time to carefully fill out the checklist, marking each milestone if true.
- Be Observant:** When completing the checklist, be observant of your child's behavior and abilities across different developmental domains. Pay attention to both the presence of expected milestones and the absence of any concerning behaviors or skills.
- Seek Guidance as Needed:** If you notice any areas where your child may be experiencing delays or difficulties, don't hesitate to seek guidance from healthcare providers, such as pediatricians, developmental specialists, or early intervention professionals. They can offer further assessment and support tailored to your child's individual needs.

Red Flags Checklist

DOES NOT BABBLE, POINT, OR GESTURE

DOES NOT USE AT LEAST THREE WORDS, SUCH AS "MAMA" OR "DADA"

CANNOT POINT TO A FEW PARTS OF THE BODY WHEN ASKED (LIKE HANDS, HEAD, FEET)

DOES NOT UNDERSTAND SIMPLE COMMANDS (LIKE "ROLL THE BALL")

DOES NOT RESPOND TO SIMPLE QUESTIONS WITH WORDS OR GESTURES (LIKE "WHERE'S YOUR SHOE?")

DOES NOT ENJOY SIMPLE STORIES, SONGS, OR RHYMES

CANNOT USE ONE OR TWO-WORD QUESTIONS (SUCH AS "WHERE MAMA?" OR "BYE-BYE")

HAS TROUBLE PUTTING TWO WORDS TOGETHER (LIKE "MORE MILK")

CANNOT IMITATE DIFFERENT SPEECH SOUNDS



ABOUT KERRI DALESSIO

When a co-worker asked me why I chose teaching, I said, "I think teaching chose me." It is hard to consider what I do as a job, because it is truly a part of who I am. People always say to me, "Those children are lucky to have you." But actually, I'M the lucky one.

I have been working with children from birth-5 years old for over 20 years. I have a Master of Science degree in Special Education. I began my teaching journey at Central Park Early Learning Center (AHRC) in New York City. As a teacher, I organized a center-based learning environment for special needs preschoolers. This was my "A-HA" moment where I realized I can make a difference in the lives of children. What other profession allows you to giggle, laugh, smile, and be silly for most of your day?

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